THE CLIMBECO MENTORING PROGRAMME

Programme no 7
March 2020 – March 2021
THE PURPOSE OF THE PROGRAMME IS TO:

- Support PhD students in their personal development.
- Support and improve PhD students’ career planning.
- Strengthen the PhD students’ communication skills.
- Increase the PhD students’ knowledge and awareness of gender issues in the academic world.
- Further strengthen the network within and among academia, business and different government authorities.
MENTORING PROGRAMME – LAYOUT AND EXTENT

✓ The programme is carried out over a period of 12 months, between March 2020 and March 2021.

✓ Research has shown that younger, future leaders with mentors have a higher work pace and a higher degree of satisfaction in their work than those without mentors. Research has also shown that people who have had mentors have better career prospects. (Riley & Wrench 1985, Fagenson 1989)

✓ Within the framework of the research school, a mentoring programme has the aim to promote and support the personal development among PhD students as well as their career planning.

✓ The design of the programme is based on experience- and action based pedagogy with mini-lectures and exercises related to the participants’ reality.

✓ Mentee and mentor meet about 10 times for approximately 1.5 to 2 hours.

✓ The programme language is English.
PROGRAMME FACILITATOR

Katarina Billing
Certified Psychologist and Coach.

Many years of experience in running mentor programmes in the Faculty of Medicine and the Faculty of Science and Social Sciences at Lund University, as well as SLU and in private enterprises like E.ON, Gambro/Baxter, Danske Bank, and more.

More than twenty years of experience as programme director, facilitator and trainer with companies such as the City of Gothenburg, the City of Malmö, Region Skåne, If Insurance, IKEA, KPMG, Tetra Pak, Volvo AB and Cars. For 10 yrs leading the MIL Programme for Experienced Managers, a 24 day long programme.

Author of the book Step towards trust on how leaders can create trust and maintain it long term.

Co-author of the book Earning While Learning in Global Leadership.